

Course Title : Child & Adolescent Psychopathology

Course Code : PSY-825

Credit Hours : 3 (2+1)

Course Description:

The purpose of this course is to provide a basic understanding of clinical and child psychopathology framework, its application in real world setting both with regard to assessment and intervention. There will be an emphasis on critical understanding of classification, assessment and intervention with children and their families. Focus is to enable students to link the basic theoretical approach of developmental psychopathology with practical issues which we may come across in clinical work with young clients and families.

Objectives:

- (a) Conceptual understanding of Developmental Systems Approach in Child Psychopathology.
- (b) Understanding the disordered behavior, its classification, assessment and case formulation focusing young clients.
- (c) To provide basic introduction to psychosocial interventions relevant for youth and families.

Learning Outcomes:

- (a) Demonstrate a conceptual understanding of theoretical approach of Child Psychopathology.
- (b) Demonstrate ability for assessment, diagnosis and case formulation from Child Clinical Psychology Perspective.
- (c) Have a basic understanding of common childhood interventions according to the needs of young clients and their families.

Course Content:

- a) Child Psychopathology and child clinical psychology: Overview

- b) Relevance of normal developmental processes
 - c) Understanding and assessing Pre, peri and postnatal development
 - d) Understanding and assessing developmental milestones
 - e) Diagnostic taxonomy
 - f) Neuro-developmental Disorder
 - g) Internalizing Behavior Problems
 - h) Externalizing Behavior Problems
 - i) Disorders of basic physical functions
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- j) Salient features of Childhood History Taking: Evaluation In a Context
 - k) Mental Status Examination of Children
 - l) Case formulation
 - m) Intervention for Externalizing Behavior Problems
 - n) Intervention for Internalizing Behavior Problems
 - o) Child Psychopathology practicum

Required Readings:

- APA (2022). Diagnostic & Statistical Manual (DSM-V-TR).
 - (a) Carr, A. (2025). *A Handbook of Child and Adolescent Clinical Psychology: A Contextual Approach*. Routledge.
 - (b) APA (2010) *Ethical principles of psychologists and code of conduct*